

## ABSTRACT

A method of operating a facility having beds involves removing bedding (such as pillows, bedspreads, and blankets) from a bed of a facility after departure of a user and irradiating bedding with narrow spectrum radiation to obtain sanitary bedding. The bed is then made up with the sanitized bedding. A sanitizer to effect the method comprises an irradiation chamber and at least one narrow spectrum light for emitting into the chamber. A bedding support is mounted for reciprocation within said chamber between a first terminal position proximate a base of the chamber and a second terminal position part way between the base of the chamber and a top of the chamber. With this arrangement and the top of the chamber acting as a backstop, the sanitizer is particularly suited for sanitizing pillows which may be placed on the bedding support and repeatedly compressed as the bedding support reciprocates.